

Term 1 April: 2023 Newsletter

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Yarabee to our existing and new families. We are looking forward to another year learning in play on Djiringanj Country. Djiringanj, Thaua and Dhurga are the languages used by First Nations people of the South Coast. Yarabee is a word used as a greeting and farewell. Tathra is the place of the quoll (wild cat)

Handy hints to remember.

- ✓ Name everything
- ✓ BROAD BRIMMED hat to play all year round: **SUN SAFE PRESCHOOL**
- ✓ **EAT A RAINBOW EVERYDAY**
- ✓ **Peanut Free Monday/Tuesday**
- ✓ Aim for plastic free.
- ✓ 1 drink bottle with water only.
- ✓ A few changes of spare clothing.
- ✓ Toys, jewellery and special items best left at home.

OUR COMMUNITY

Family welcome picnic It was wonderful to get together for our family picnic. We had perfect summer evening weather for picnicking, catching up with friends, meeting new people and sharing a laugh with the magical magic of the Great Zamboni. We always love catching up with older

2023 Term dates

Term 2 2023: 24th April-30th June

24th April: First day back for 2-day group

25th April: Anzac Day. Public Holiday

26th April: First Day back for 3day-group

Parent Workshop: date to be advised.

Term 3: 17 July-22nd September

Preschool Photos: time to be advised.

Term 4: 9 October-19 December

12th Dec: last day 2-day group

15th Dec: last day for 3- day group

18th Dec: End of year family Picnic



siblings and always great to see children with their extended families. The diversity of family is a beautiful thing.

[Wharf2Waves Fundraising Event: Bike, Run and Swim](#) An enormous thank you goes out to all who volunteered for the weekend 4th and 5th of March. I would like to extend my gratitude to the new Wharf2Waves Committee who did an amazing job to pull off this important community event. I would like to make special mention of David O'Connor who led the charge, making improvements to operations and securing some great sponsorship. Lara Poupard pulled off an amazing job wrangling all the volunteers and more!!!!



Kristy Woods as secretary and Angela Van Ganglan contributed many volunteer hours. Michelle Bye worked tirelessly to organise and sell a heap of merchandise. ENORMOUS amount of volunteer hours is required to run this community event which benefits the local business and raises funds for the Tathra Primary School, Tathra Surf Club, Tathra Preschool and local RFS.



EDUCATIONAL PROGRAM

[Sharing your child's learning.](#) Kym and I were hoping to be able to provide you with a link to your child's digital portfolio which contains photos of your child's interest, learning and relationships. Unfortunately, our new computer upgrade is not quite ready for such tech wizardry so we will keep with the USBs for another couple of terms and then hopefully be ready to provide a link later in the year. USB's will be out in term 2. You will find the Children's Diary on the verandah. We encourage you to read through the diary, ask questions and make suggestions. It is always great to hear about the things that interest your child and family, which can be incorporated into our day.

[Belonging](#) has been the focus for Term 1. For some children they are learning what it means to belong to a group for the first time. For others they are adapting to changes in their group dynamics and forging new relationships. *"A sense of belonging is essential if children are to be successful learners. By fostering belonging we also foster wellbeing and learning"*. (DEEWR p7). This is the foundation of our educational



program. We give priority to relationship building to help children learn about their responsibilities to others, to appreciate their connectedness as learners and develop collaboration and teamwork.

We use visual images and intentional teaching to help children become familiar with the rhythm of our day. Learning experiences are provided to support children to develop new relationships and learn to interact positively with others while feeling supported in our nurturing preschool environment.



Belonging is built on a curriculum of inclusion. This term some old favourite nursery rhymes have had a revamp for example, Humpty Dumpty's Kings horses becomes..." *all the kings' riders*". "Yes sir, Yes sir" in Baa Baa Black Sheep becomes "Yes, Yes, Yes Yes three bags full". And our favourite version of Humpty Dumpty is "*Humpty Dumpty went to the moon, On a supersonic spoon, They took some porridge and a tent; When they landed the spoon got bent, Humpty said they didn't care for all I know they're still up there.*"

[Parent teacher meetings](#) It was wonderful to catch up with parents during our Term 1 Parent/Teacher Meetings. We appreciate the opportunity to gain a more in-depth knowledge about each child and find out what is important for your family and to share your child's educational goals, interests, preschool relationships and learning. "Learning outcomes are most likely to be achieved when early childhood educators work in partnership with families" (DEEWR, 2009: p12). These meeting provide the foundation for our educational program as we develop and/or update learning goals for each child using outcomes from the Early Years Learning Framework.

PARENTING RESOURCES

[Parent Library](#) You are welcome to borrow from our parent library. Check out the bookshelf in the 'hook room'. We are happy to help you borrow a book that suits your needs.

[Parenting Workshop](#): In Term 2, Jane and Kym will run a Parenting Workshop. The workshop will cover some of our favourite behaviour management strategies using the work of Dr Daniel Siegal and Dr Tina Bryson.



Cultivating a “Yes Brain” is a key tool, when we hear “No” our brain tells us to “fight” or “take flight”. You can help your child develop the ability to cope, solve their own problems and thrive by nurturing their ‘Yes Brain’. The following examples highlight this approach and the potential to minimise conflict.

- Your child demands a biscuit at brekkie time. Rather than saying “No”, we can say; “Yes. You can have a biscuit at morning tea, let’s put it in container ready for later”.
- A child wants to watch TV at an unsuitable time says. We can say “Yes after xxxxx we will put the TV on.
- At the shop a child says, “I want that toy”. We can say “Great idea let’s put it on our Christmas/birthday list”.



Parenting resources Here are some useful links to help you on your parenting journey. “The Parental as Anything” podcast are sometimes 5-10 minutes long. Just the right size for busy parents. Maggie Dent has some great stuff for raising boys especially.

[Parental As Anything, with Maggie Dent on Apple Podcasts](#)

[The Imperfects: Lael Stone - Take Care of Yourself on Apple Podcasts](#)

[https://podcasts.apple.com/au/podcast/lael-stone-creating-emotionally-intelligent](https://podcasts.apple.com/au/podcast/lael-stone-creating-emotionally-intelligent-humans/id1476501557?i=1000589)

[humans/id1476501557?i=1000589](https://podcasts.apple.com/au/podcast/lael-stone-creating-emotionally-intelligent-humans/id1476501557?i=1000589)

<https://raisingchildren.net.au/preschoolers>

Parent Committee: A big thankyou to those who nominated for 2023 management committee.

FEE RELIEF

All families in our preschool have nominated Tathra Preschool for fee relief. The Preschool uses Start Strong Funding (provided by the NSW Department of Education) to provide free preschool for children in the year before school. There are fees for families in the 3-day group who access extended hours above the 15 hours per week. We have attached the Department of Education Guidelines for you information or you can click the link below for more detailed information. Next term we will provide each family with an invoice for term 1 and term 2 so you can see how fee relief reduction has been applied.

[Fee relief in community and mobile preschools \(nsw.gov.au\)](http://nsw.gov.au)

2023 Management Committee

President: Lauren Catanchin

Vice President: Peta James

Secretary: Kate Ferguson

Treasurer: Nat Coman

General Members: Gemma Stewart, Claire Tozer, Billie-Jade Prince and Sarah Marshman

Tathra Preschool Website <http://tathrapreschool.com.au>